

Nourishing Roots Within: Restoration Through Poem-Making, Movement, Meditation & Music

WITH JOHN FOX, LISA ANN MOORE & DANA MOORE
November 10-12, 2017 | Santa Fe

And your very flesh shall be a great poem.

Walt Whitman



As honey grasses sway, and Autumn stimulates the maturation of plant roots we will delve into the depths of our humanity through a marriage of poem-making, conversation, yoga inspired movement, creative meditation and Gregorian Chant on guitar and in voice. Along with these, we can savor native flute and simple contemplative chants. The retreat will be held in a private home in the foothills of the Sangre de Cristo Mountains in Santa Fe, New Mexico.

Join John Fox, Founder of the Institute for Poetic Medicine and Lisa Ann Moore, author of the award winning book, *Grace Leads, I Follow; Poems of Trauma and Transformation* and Dana Moore, contemplative musician, for a weekend retreat that will nurture your body, mind and spirit. We welcome any and all spiritual traditions or none at all.

We will have the soup on, waiting for you!

Friday, November 10, 7:00 - 9:30pm
Saturday, November 11, 9:30am - 5:00pm
Sunday, November 12, 9:30am - 12:30pm

7 Apache Plume Drive
Santa Fe, New Mexico

\$175 (retreat); \$10 (lunch)
Two scholarships available.

Click [HERE](#) to register online.

For more information:
Lisa Ann Moore at lisaabmoore@gmail.com
or (484) 788-5923

John Fox at john@poeticmedicine.org
or (650) 938-2717



John Fox



Lisa Ann Moore



Dana Moore

THE INSTITUTE  FOR
Poetic Medicine
To awaken soulfulness in the human voice



REGISTRATION FORM

Reserve your place for *Nourishing Roots Within* by mailing this registration form and a check for full amount of \$185 or \$45 deposit (\$140 balance due at workshop) for Friday evening through Sunday afternoon, payable to The Institute for Poetic Medicine, to John Fox, PO Box 60189, Palo Alto, CA 94306.

Name _____

Address _____

City/State/Zip _____

Phone: work () _____ home () _____ E-mail _____